

REAL Trust Annual Conference 2024

Thursday 14th November 09:30 - 16:30 / Friday 15th November 09:30 - 13:30

Dunkenhalgh Hotel and Spa, Blackburn, BB5 5JP

Mark Finnis will open the conference with his two part session '**The power of restorative practice: Building relational; culture by design and not default**'

Part One - The Power of Relationships and Working WITH

Restorative Practice is not about replacing traditional behaviour management systems. It's certainly not about being soft or turning a blind eye to poor behaviour. It's about elevating the culture of a school so people are pulled in, not pushed out, about fostering a greater sense of community and about encouraging a willingness to act in the right way for the right reasons.

Part Two - What we don't repair we repeat - The art of having High Challenge and High Support Conversations

This workshop will continue on from Mark's keynote and build even further into the skills needed to have both high challenge conversations around behaviours that don't meet your school expectations and how we have high support (strength) based conversations catching children and adults getting it right more than we catch them getting it wrong.



Thursday afternoon **Warren Larkin** will explore trauma & resilience informed practice (what it is, what it isn't, and how it can change the world), and also implementing trauma-informed approaches in 100 Secondary Schools in England – Early insights from a Randomised Controlled Trial.

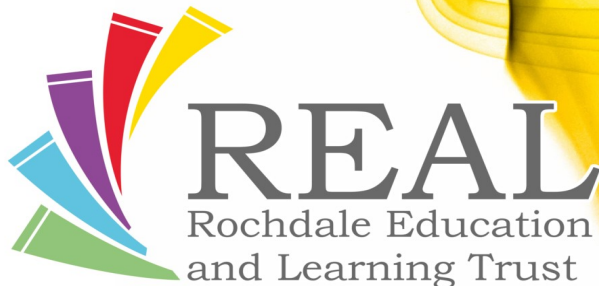
The first part of Warren's session '**Trauma & Resilience informed practice – what it is, what it isn't, and how it can change the world...**' will provide a definition of the terms 'stress', 'trauma', 'adversity' and 'resilience', and highlight the prevalence and impact of toxic stress childhood adversity and traumatisation in our society and on the lives of our children. He will explore the challenge of meeting the increasing demand facing services with an increasingly depleted workforce (both in terms of numbers and resilience), while at the same time creating trauma informed services and investing in prevention.

The second part the afternoon '**Implementing trauma-informed approaches in 100 Secondary Schools in England – Early insights from a Randomised Controlled Trial**' will build on the themes and ideas in session 1 and Dr Larkin will revisit the evidence on what predicts a successful life and the role of schools in this equation.



Sam Conniff will close the conference on Friday with his session '**Be more Pirate – Inspiring Innovative Leadership**'. Being more pirate is a shift in your mindset; a willingness to think differently, to challenge and be challenged, and to stop asking for permission to do what you know is right.

It's never been more difficult to create meaningful change and at the same time, bold creativity is more important than ever. Be More Pirate will help you and your teams to shift mindsets and behaviours, leading to more creative and confident crews as catalysts for change.



Rochdale Education and Learning Trust - Edgar Wood Academy, Heywood Old Road, Heywood, OL10 2QN

t. 01706 926708 | e. info:realtrust.org.uk | w. www.realtrust.org.uk